CUNY named the first public undergraduate system to receive the 2016 Military Friendly designation by Victory Media.

CUNY is a Proud Member of NYServes!

CUNY Seeks New VA Work-Study Student

The City University of New York (CUNY) welcomes the VA Student Work-Study Allowance Program. If you're a full-time or ¾ time student veteran in a college degree, vocational, or professional program, you can “earn while you learn” with a VA work-study allowance. Veteran Director and coordinators across the City University have incorporated VA work-study positions in their support staff. Work-Study assignments range from Veteran Peer Mentors, Communications and Outreach Apprentice, Administrative Assistant, Research and Data Monitors amongst other roles. Those individuals participating in VA work-study work directly with the CUNY student veteran population. With more than 3,000 veterans enrolled across the university this is a great way to earn professional experience while pursing a college degree.

See pages 17&18 for more details on the VA Work-Study Allowance Program.

The CUNY Central Office is seeking to fill a number of VA Work Study positions for the 2016–2017 academic year. Work tasks include but are not limited to student veteran outreach for CUNY wide events such as the Veterans’ Day Parade and the CUNY Veteran’s Academic Awards Breakfast; assist University Director of Veteran Affairs, assist with the coordination and facilitation of CUNY Council on Veteran Affairs meetings among other duties. Minimum requirements are as follows, (a) student veteran or dependent must be receiving VA educational benefits, (b) Microsoft Office proficient, including PowerPoint, Outlook and Publisher (c) well organized (d) great at multitasking and dedicated to supporting veterans. For a complete job description please send an email to veterans@cuny.edu

The CUNY Welcome Center’s dedicated team of Veterans Admissions Counselors is seeking to fill a VA Work Study position. In this position, the chosen applicant will guide fellow veterans/service members through the application process via phone, email and in-office counseling. Additional responsibilities may include clerical work, assistance at veterans-related events and meetings, input in the creation of veterans outreach materials, and assistance with ROTC registration, among other tasks. Interested parties should email a cover letter and resume to vetwaiver@cuny.edu.
Army Veteran Pierre Auguste wasn’t feeling so well on Friday morning and, although he had an appointment to see a Primary Care Pact Team for the upcoming week, he didn’t want to wait. The 24-year old Kingsborough Community College student walked right into the bright, newly renovated Access Clinic at VA’s Manhattan Campus and signed-in with Medical Support Assistant, Carmen Perez-Arias.

Within minutes, he was assessed by William Morales, RN, a triage nurse, and then directed to his appointment with a Primary Care physician. He could not have known until the doctor introduced himself that this was Dr. David Shulkin, a Primary Care Specialist, who, as Under Secretary for Health, leads the largest health care system in the United States. Physicians and patients usually spend about 30 minutes together. “We reminded him afterwards about the importance of going to his previously scheduled appointment next week with his PACT Team,” said Dr. Joseph Leung, Chief of Primary Care. He explained that every Primary Care patient has an interdisciplinary team assigned to their care. The PACT team consists of medical provider (physician or nurse practitioner), nurse care manager, licensed practical nurse and medical support assistant.

Dr. Shulkin’s home base is Philadelphia, but he spends most of his extremely demanding work week in Washington, D.C. He has an apartment in New York City and spends one day a month seeing patients at VA’s Manhattan Campus. When asked why he chooses to spend this time seeing patients when his 17-20 hour workday certainly keeps him busy and professionally challenged, he answered, “I want to keep up-to-date on Primary Care and I also want to know Veterans and experience the VA from the inside.”

Dr. Shulkin began working at VA nine months ago and one of his key objectives is ensuring same day access to Primary and Mental Health Care at every one of VA’s 167 facilities. “There are 34 facilities that have no problem,” said Dr. Shulkin “and, VA’s NY Harbor Healthcare System is among them.” This was very clear on the Friday morning when Dr. Shulkin was available to meet with patients. No prospective patient sat in the waiting area for more than a minute. Still, VANYHHS Director Martina Parauda said, “We know we do not have an access problem, but we remain vigilant.”
A Message from the Veteran Mentors of Queensborough Community College!!

Going back to college after being away for so long can be stressful and very nerve racking. Veteran students at Queensborough Community College (QCC), are determined and dedicated to help facilitate that process, which is where we, the military veteran mentors, come in.

Theresa Abraham, Charles Neimeyer, Jaydee Rampersad and Vincent Knight are some of the veteran mentors who have and currently are helping hundreds of veterans transition from military life into academic life everyday. Some of their tasks include but are not limited to, following up with advisement, registering and certifying students for classes, maintaining student records and assisting students with everyday academic needs. They are also available to provide students with social support and motivation, which promotes a sense of camaraderie and encourages students to utilize their open door policy.

The main goal is to make sure that veteran students are aware that the peer mentors can relate to them on a military, civilian and academic level.

ACP Launches Women's Veteran Mentoring Program

American Corporate Partners (ACP) helps post-9/11 veterans achieve their career goals through a free, national mentorship program. All branches, including the Reserves and National Guard, are eligible to apply. Veterans work with ACP Mentors to learn about career/internship opportunities, network with professionals, prepare for interviews, and translate their military experience into civilian terms.

American Corporate Partners’ new initiative is designed to assist female veterans build a second career post-military service. Veterans will be mentored by private sector leaders on topics ranging from building civilian-friendly résumés, networking, leadership skills and work-life balance.

Lt. Gen. Jeffrey W. Talley, Chief of the Army Reserve, who hosted the launch of this initiative at the Pentagon, stated, “ACP is one of several resources available to our female service members. I applaud our business community for its engagement with our returning veterans.”

In addition to the U.S. Army Reserve, ACP is also working with the U.S. Army’s Soldier for Life program, as well as national nonprofits Iraq and Afghanistan Veterans of America (IAVA) and The Mission Continues. ACP is being supported by a number of its corporate partners in this initiative, and is pleased to be working with additional groups including 100 Women in Hedge Funds, Ellevate Network, GLG, and LeanIn.Org.
LaGuardia Community College has received $20,000 from the New York State Industries for the Disabled, Inc. (NYSID) to establish a Battle Buddy Center for student veterans. The new center will replace and expand the Veteran Services Center that has been at the college since shortly after its doors first opened in 1971. It is intended as a one-stop comprehensive service and recreation center for veterans who are transitioning from military service to student life. Resources will include registration guidance, benefits assistance, career advising, peer mentoring, computer resources, and opportunities to meet other veterans at the college.

On November 30th, LaGuardia held an event to recognize NYSID and Goodwill Industries of Greater New York and Northern New Jersey for their dedication to supporting veterans. At this event, these groups were thanked by LaGuardia’s Vice President for Student Affairs, Michael A. Baston, and their Director of Veterans’ Services, Stephen Clark.

“We’re grateful to NYSID for their generous support for this new, enhanced center for our student veterans,” said Vice President Baston. “Particularly as the number of veterans among our student population continues to grow; their support, along with the collaboration from the Goodwill Industries of Greater New York and Northern New Jersey, will help enhance their experience here at LaGuardia and is an important recognition of Veterans Upward Bound.

VETERANS UPWARD BOUND PRESENTS

Week to Honor Veterans

At LaGuardia Community College

New York City Department of Veterans’ Services Commissioner Loree Sutton speaks at Veterans’ Luncheon on May 2, 2016

Project: (HER) Voice

True stories of the women fighting for rights of women veterans, women who have gone to war for our country and those family members supporting our men and women in the military as well.

May 3, 2016

Vicki Bello, Navy Veteran/Veterans Upward Bound (VUB) Program Director and David Daza United States Marine Corps Veteran/VUB Program & Outreach Coordinator pose with veteran students at the Veterans’ Resource Fair on May 4, 2016

Project: (HER) Voice

Narrative of Ajax, an ancient Greek military hero and A.J., a modern female American Solidier, both undone by the betrayal of a commanding officer. Inspired by material collected from interviews with Iraq war veterans and their families.

May 5, 2016
**CUNY Vets Leading the Way!**

**Raymond Collazo**

New York City born borough hopper, joined the U.S. Army at 18 and went into the Military Police Corps, where he served overseas in Germany, Italy and deployed to Afghanistan with the 82nd Airborne Division out of Ft. Bragg, NC. After completing eight years of active service, he attended John Jay College of Criminal Justice, discovered his passion for storytelling and completed a B.A. in Philosophy with a Writing Minor.

The obstacles of finding students at John Jay with time to create art birthed FilmLinkup, which will provide students an online platform to access a collaborative film community for academic and professional development.

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**Steven Myint** is a Sergeant in the U.S. Marines with 6th Communications Battalion, Alpha Company. He has been a Marine since February 2011, which makes it about 5 and half years of service. He was born in Brooklyn, raised in Queens and has been living in New York all his life. On December 2013, he graduated from LaGuardia Community College with an Associate’s Degree in Business Administration. Currently a Senior at Baruch College studying economics, he is expected to graduate in Spring 2017.

On March 2014, he was deployed to Camp Lemonnier, Djibouti, Africa. During his time there it was hot and exhausting. The Marines trained and worked hard every day. Then there were Monday’s.; everyone hated Mondays. But on Camp Lemmonier, every Monday Night there would be a long line at the cafeteria. This was the only time there was such a thing. I found out the reason being, they served French Toast PB&J. At first he was skeptical about the combination. Then he had his first bite of it and felt that warm feeling of being back home and stress free. With a glass of milk, it hit the spot. I knew from then on I had to share this when I got back to New York City. On September 2015, Not Your Average PB&J was formed.

On January 2016, Steven was accepted to the CSE CUNY Incubator program where they assisted students in starting their own businesses. It was especially difficult for him to manage the program, the business, school and the Marines. From there the progression, of his company accelerated and on March 25, 2016, Steven had his first pop-up where he introduced his product to the public. It was a success and from there he became a vendor at the Queens Night Market.

On May 17, the CSE CUNY Incubator had a Demo Day, where the finalists present their business for a prize of $25,000. Steven tied for second place winning $5,250. From here, he will continue to increase the awareness of his brand as well as helping veterans.
Meet the Math Vets!

Beginning in the Spring 2016 Semester, The Office Veteran Support Services at New York City College of Technology (City Tech) brought on board two Veteran Students who just happen to be math whizzes. Javier Joya, Marine Veteran and Applied Mathematics Major, and Kevin Kovack an Army Veteran and Computer Systems Technology Major have been offering their services to Veteran and Military Students in need of Math Tutoring.

Rob Timmins, the Veteran Support Services Coordinator at City Tech found that many incoming Veteran Students found math to be challenging after being away from it for a number of years, sometimes more than ten. “There seemed to be an influx of Veteran students coming into our office either requesting tutoring or taking a math course over again because they felt like something they took in high school several years ago, was now a bit foreign to them. The Office of Veteran Support Services is about empowering our Veteran and Military students and we believed that in hiring two math tutors that could provide individual math tutoring to our Vets, we could help alleviate some of the anxiety that math can invoke.”

Student Darlin Martinez stated, “I would not have passed my Math midterm if it wasn’t for meeting with Kevin and Javier, and the fact that I could sit with one of them for as long as I needed and that they could relate to me as a Vet was awesome.”
eMentoring for Women Veterans

The VA’s Center for Women Veterans is partnering with AcademyWomen’s eMentoring tool to empower and equip women Veterans in reaching their full potential, both personally and professionally. AcademyWomen is offering all women Veterans, especially those transitioning in their lives or careers, FREE access to online mentorship support from Veteran (and non-Veteran) mentors, through its award-winning, web-based eMentor Leadership Program.

While women Veterans represent one of the fastest growing segments of the Veterans population, they do not always self-identify as Veterans and often are not asked if they’ve ever served in the military. This may keep them from seeking Veterans preference, which could significantly improve their competitiveness in the job market. With the eMentor program, we hope to empower these women to use this as an edge for greater opportunities. Women Veterans often call the Center for help with finding career opportunities, and want to know how they can connect with other women Veterans. This program is important to women Veterans, who are seeking to grow professionally, because it connects them to organizations that are seeking to hire Veterans. In this way, it offers a trusted network to get them where they want to be in professionally.

Participation is simple. Just login to the eMentoring site to create a profile and then select a mentor or resources that are relevant to your professional goals. You can also participate in discussion forums or visit the Q&A area on the website, where you can interact with other members. Once paired with a mentor, you will receive guidance and support from volunteer mentors in job seeking, career transition, career advancement, industry-specific knowledge, and work/life balance. This is an amazing resource, and best of all, membership is absolutely free.

To become a member of this powerful community or to learn more, visit www.ementorprogram.org.

Stay Informed with NY Metro Vets

NY MetroVets was created to inform veterans, active duty, reservists, National Guardsmen, family members, organizations and individuals of issues, items, news and events of importance to veterans from the City, State and Federal level. Information on issues and events come from the five boroughs, New York State, across the United States and from a variety of news media sources, veteran organizations and government agencies.

NY MetroVets   @NYMetroVets
The CUNY Central Office of Veteran Affairs cordially invites you to:

The 4th Annual Veterans’ Academic Awards Breakfast

**THE GRADUATE CENTER**

365 Fifth Avenue, New York, NY
Friday, November 4, 2016
9:00 to 11:00 AM

*By invitation only*

Must meet the following requirements

- CUNY Community College student veterans with 45 credits or more & a GPA of 3.50 and over.
- CUNY Senior College student veterans with 90 credits or more & a GPA of 3.50 and over.

Veteran Resource & Professional Networking Fair

Noon to 2:00 PM

Open to all CUNY veterans, reservists, active duty or spouses.

Refreshments will be served
The Vocational Rehabilitation and employment (VR&E) program is authorized by congress under title 38, United stated Code, Chapter 31. It is sometimes referred to as the Chapter 31 program. The VR&E program assists veterans with service-connected disabilities and an employment handicap and service members who are in the process of transitioning from military to civilian employment prepare for, find and keep suitable jobs. For Veterans and Service members with service-connected disabilities so severe that they cannot immediately consider work, VR&E offers services to improve their ability to live as independently as possible.

**Basic Period of Eligibility** The law generally provides for a 12-year basic period of eligibility in which VR&E services may be used. The 12-year period begins on the latter of these dates: (A) date of separation from active military duty (B) Date the veteran was first notified of a service-connected disability rating.

**Who is entitled to receive VR&E service?** Active Duty Service members are entitled if they: (A) expect to receive an honorable or other than dishonorable upon separation from active duty. (B) Obtain a VA memorandum rating or Integrated Disability Evaluation System (IDES) rating of 20% or more. (C) Are determined by VR&E to be in need of rehabilitation services because of an employment handicap. (D) Are under the National Defense Authorization Act of 2008, service members who are participating in IDES are presumed entitled. This provision will expire in December 2016. Veterans are entitled if they: (A) Have received, or will receive an honorable or other than dishonorable discharge. (B) Have a VA service-connected disability rating of 10% with a serious employment handicap or 20% or more with an employment handicap. (C) Are determined by VR&E to be in need of rehabilitation services because of an employment handicap.

**How is entitlement established?** You are entitled to services if you have 20% service-connected disability and an employment handicap. If your service-connected disability is only 10%, you must have a serious employment handicap to be eligible for services. A Vocational Rehabilitation Counselor (VRC) will work with you to determine if you meet the entitlement criteria.

For more information on Vocational Rehabilitation and Employment services and to apply visit www.benefits.va.gov/vocrehab/
Dear Veteran,

CUNY has approved the review of military credentials to award transfer credit for military service. If you would like your military experience to be evaluated for academic credit and/or to illustrate your work experience on your resume, follow the steps listed below.

**Step 1:** Create an account for your military transcript via the following websites:
- Army, Navy, Marines, and Coast Guard: [https://jst.doded.mil/official.html](https://jst.doded.mil/official.html)

**Step 2:** Submit your transcript to CUNY UAPC (University Application Processing Center) and/or your current CUNY College.

**Step 3:** Print and save a copy of your military transcript to a USB or secure cloud.


<table>
<thead>
<tr>
<th>Using JST credits for college can count toward:</th>
<th>Using JST credits for employment can:</th>
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<tbody>
<tr>
<td>Elective credit</td>
<td>Showcase military occupation</td>
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<tr>
<td>Major or Minor electives</td>
<td>Illustrate responsibilities/duties</td>
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<tr>
<td>General Education elective</td>
<td>Illustrate leadership and training</td>
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</table>

Would you like to have a career that relates to your military occupational specialty (MOS)?
Learn what certifications and degrees match your area of expertise by using the COOL sites...

- Army: [https://www.cool.army.mil/](https://www.cool.army.mil/)
- Navy: [https://www.cool.navy.mil/usn/](https://www.cool.navy.mil/usn/)
## JOINT SERVICES TRANSCRIPT

**OFFICIAL**

Transcript Sent To:
University of XXXXXXX

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<tr>
<th>Military Course Completions</th>
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**PRIVACY ACT INFORMATION**

02/15/2013
Workforce1 has relationships with hundreds of businesses across New York City committed to hiring veterans. Their centers and dedicated Veteran Specialists across the City will help veterans and their spouses explore career paths, develop resumes, prepare for interviews, and identify education opportunities, training initiatives, and other support services designed specifically for veterans.

Upper Manhattan - Michael Schiller
MSchiller@edsisolutions.com
917-493-7006
215 West 125th Street, 6th Floor, Manhattan, NY

ITC – Stephanie Charles
718-577-2226
168-46 91st Ave, 2nd Floor, Jamaica, Queens, NY

Brooklyn – Dan Nisbett
dnisbett@grantassociatesinc.com
347-296-8071
9 Bond Street, 5th Floor, Brooklyn, NY

Brooklyn – Reggie Bryant
rbryant@grantassociatesinc.com
347-296-8037
9 Bond Street, 5th Floor, Brooklyn, NY

Queens – George Jacobs
gjacobs@grantassociatesinc.com
718-557-6764
168-25 Jamaica Ave, 2nd Floor, Queens, NY

Queens – Howard Ingerman
hingerman@grantassociatesinc.com
718-883-7961
168-25 Jamaica Ave, 2nd Floor, Queens, NY

Midtown (Expansion center of Queens)
Silvano Indio
sindio@grantassociatesinc.com
917-254-4293
1250 Broadway, 8th Floor, Manhattan, NY

Staten Island – Peter Romano
promano@edsisolutions.com
718-285-8431
120 Stuyvesant Place, 3rd Floor, Staten Island, NY

Bronx – Doriga Alves
doriga.alves@rws-nyc.com'
718-960-4677
400 East Fordham Rd, Bronx, NY

Bronx – Johnnie Brooks
johnnie.brooks@rws-nyc.com
718-960-7925
400 East Fordham Rd, Bronx, NY

Healthcare – Anthony Galsim
anthony.galsim@rws-nyc.com
212-618-8716
79 John Street, 2nd Floor, Manhattan, NY

Hunts Point – Jennifer Mera
jennifer.mera@rws-nyc.com
718-542-6777 x 7310
1029 East 163rd Street, 3rd Floor, Bronx, NY
Know Your Benefits

Below is a list of addresses, phone numbers, and websites that may be useful in your military to civilian transition.

**VA MEDICAL CENTERS**

<table>
<thead>
<tr>
<th>Medical Center</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Bronx VA Medical Center</td>
<td>130 West Kingsbridge Road, Bronx, NY 10468; (718) 584-9000</td>
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<tr>
<td>VA Harlem Care Center</td>
<td>55 West 125th St., New York, NY 10027; (646) 273-8125</td>
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<tr>
<td>NY Div VA Medical Center</td>
<td>423 East 23rd St, New York, NY 10010; (212) 686-7500</td>
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<tr>
<td>BK Poly Pl Campus VA Medical Center</td>
<td>800 Poly Place, Brooklyn, NY 11209; (718) 836-6600</td>
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<tr>
<td>St. Albans Extended Care Center</td>
<td>17901 Linden Blvd, Jamaica, NY 11434; (718) 526-1000</td>
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<tr>
<td>Staten Island Health Care Center</td>
<td>21 Water Street, Staten Island, NY 10304; (718) 761-2973</td>
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<tr>
<td>White Plains VHA Clinic</td>
<td>23 South Broadway, White Plains, NY 10601; (914) 421-1951</td>
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<tr>
<td>Yonkers VHA Clinic</td>
<td>124 New Main St, Yonkers, NY 10701; (914) 375-8055x4400</td>
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**CLINICS**

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<tr>
<th>Clinic</th>
<th>Address</th>
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<tr>
<td>Bay Shore CBOC</td>
<td>132 Main St., Bay Shore, NY 11706; (631) 328-9092</td>
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<tr>
<td>East Meadow Clinic</td>
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**VET CENTERS**

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<tr>
<th>Vet Center</th>
<th>Address</th>
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<tr>
<td>Bronx Vet Center</td>
<td>2471 Morris Ave Suite 1A, Bronx, NY 10468</td>
<td>(718) 367-3500</td>
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<tr>
<td>Brooklyn Vet Center</td>
<td>25 Chapel Street Suite 604, Brooklyn, NY 11201; (718) 624-2765</td>
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<tr>
<td>Harlem Vet Center</td>
<td>2279 3rd Ave 2nd FL, New York, NY 10035; (212) 426-2200</td>
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<tr>
<td>Manhattan Vet Center</td>
<td>32 Broadway 2nd FL, Suite 200, New York, NY 10004; (212) 742-9591</td>
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<tr>
<td>Nassau Vet Center</td>
<td>970 South Broadway, Hicksville, NY 11801; (516) 348-0088</td>
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<td>Queens Vet Center</td>
<td>75-10B 91 Ave, Woodhaven, NY 11421; (718) 296-2871</td>
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<tr>
<td>Staten Island Vet Center</td>
<td>60 Bay Street, Staten Island, NY 10301; (718) 816-4499</td>
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**Websites**

- eBenefits: [www.eBenefits.va.gov](http://www.eBenefits.va.gov)
- Education Benefits: [www.benefits.va.gov/gibill](http://www.benefits.va.gov/gibill)
- Health Care Eligibility: [www.va.gov/healthbenefits](http://www.va.gov/healthbenefits)
- Homeless Veterans: [www.va.gov/homeless](http://www.va.gov/homeless)
- Mental Health: [www.mentalhealth.va.gov](http://www.mentalhealth.va.gov)
- Women Veterans: [www.va.gov/womenvet](http://www.va.gov/womenvet)
- VA Benefit Payment Rates: [www.vba.va.gov/bln/21/rates](http://www.vba.va.gov/bln/21/rates)
- VA Forms: [www.va.gov/vaforms](http://www.va.gov/vaforms)
- Vocational Rehabilitation and Employment: [www.benefits.va.gov/vocerehab](http://www.benefits.va.gov/vocerehab)
ATTENTION FEMALE VETERANS!!

Need help finding business attire?
Connect with Dress for Success.

What is Dress for Success?

Dress for Success is a non-profit organization helping women achieve economic independence by providing them with professional attire as well as the tools they need to excel in job interviews and the world of employment.

- New York Daily News

How Can I Receive Services?

Dress for Success caters to clients who are employment ready and have an employment interview scheduled prior to suiting. If you are a woman looking toward receiving services from Dress for Success contact the veteran coordinator on your campus to sign up today.
**Veteran Resources**

**NYCServes – New York City** is the first coordinated network of public, private, and non-profit organizations working together to serve veterans, active service members, and military families. We believe it is crucial for these groups to have easy access to a full range of comprehensive services necessary to achieve their unique goals. NYCServes is committed to this vision and is working with over 50 partner organizations to bridge services gaps, formalize communication, coordinate services, and hold ourselves accountable ensuring our veterans receive services.

The mission of NYCServes is to empower and enhance the efforts of the network of services providers in the New York City area, and equip them with the technological, and information resources needed to efficiently and effectively guide service-members, veterans, and their families to the most appropriate services and resources.

To date, NYCServes has assisted over 1,000 veterans, service-members, and military families with over 1,400 specific services requests. NYCServes has assisted in many different capacities such as: connection to employment services, entitlements, VA Benefits, volunteer opportunities, healthcare, education, legal services, and housing. Recently, the Veterans Benefits Administration (VBA) and Veterans Health Administration (VHA) have become a partner provider in the NYCServes network. This partnership has allowed NYCServes veterans direct access to services spanning the federal and community based provider family...there is no wrong door. As we identify new opportunities and where the veteran community could be served better we continue to add to the provider network enhancing its ability to remain dynamic.

**Follow us! Twitter - @AmericaServesHQ / Facebook - AmericaServes**

**NYU Langone Medical Center**

The Steven and Alexandra Cohen Military Family Clinic at NYU Langone Medical Center provides free individual, couples, and group therapy for military personnel, veterans, and their entire family regardless of discharge status, combat exposure, or era served. Interested individuals can call our intake line at 855-NYU-4677, email us at militaryfamilyclinic@nyumc.org or visit us online at www.nyulangone.org/militaryfamilyclinic. For additional information regarding our comprehensive PTSD research study, and how post-9/11 veterans may be compensated up to $550 for their time and participation, please visit www.nyulangone.org/cohenveteranscenter or call 877-698-3299.

Head injuries, which can lead to traumatic brain injury (TBI) are quite common. Approximately 14-20% of deployed veterans experience a TBI. A TBI sometimes leads to loss of consciousness or being “knocked out” but can also look like being confused after hitting your head. Some common causes of head injury are: blast or other combat-related injuries, falls, car accidents, and contact sports. TBIs can lead to sleep problems, mood problems, and cognitive problems.

It can be difficult to tell if a head injury is making a person’s life more difficult. A neuropsychological evaluation can measure cognitive skills like memory, attention, planning, and thinking quickly. If a person is identified as having trouble in one or more of these areas, the Military Family Clinic can work with him or her to provide individualized skills and strategies to improve their day to day functioning. At NYU Langone’s Steven and Alexandra Cohen Military Family Clinic, they provide free, compassionate care for service members and their families who are experiencing the long-term effects of all phases of military service and other life stresses, including relationship difficulties, school problems, and unemployment and relocation issues.
Veteran Resources

Gallop NYC provides Horsemanship Leadership programs to Veterans free of charge. All classes are lead by a PATH Int'l Certified instructor. Every rider will experience the Confidence of learning to be in charge of a large herd animal, the Competence of skills learned, and the Leadership that a horse demands before it agree to accept our commands.

Equine Therapy has shown to be effective in treating patients, including combat veterans, with PTSD, depression, anxiety, attention-deficit/hyperactivity disorder, conduct disorders, dissociative disorders and other chronic mental illnesses. *Journal of the American Medical Association* More than 30 VA Medical Centers participate in Equine Assisted Activities (EAA) programs all around the US, as noted by the Supervisory Recreation Therapist Department of Veterans Affairs.

Stand Beside Them (SBT) is a nonprofit organization, providing free one-on-one, confidential coaching for veterans, spouses, and caregivers. Experienced, certified, highly-trained Stand Beside Them coaches come with credentials and accomplishments from all walks of life. Several of the coaches are veterans. Check out testimonials from other veterans and apply for coaching on the SBT website: [http://www.standbesidethem.org](http://www.standbesidethem.org) or call SBT at 212-706-VETS (8387).

The VITAL Initiative is a partnership between VA New York Harbor and your school. We’re here to help you navigate your concerns and maximize your unique set of strengths, skills and life experiences as you translate your talents into the academic setting. Services offered weekly include enrollment for healthcare at VA New York Harbor, support and counseling for readjustment, anger, stress, sleep issues and more, coping strategies for the classroom — concentration, restlessness, memory, assistance with educational benefits, vocational rehab, and filing claims, tutoring services, and VA Work Study opportunities. Contact Yvette Branson, PhD, VITAL Initiative Coordinator VA New York Harbor at Yvette.Branson@va.gov or (646) 772-6087. Learn more at: [http://www.nyharbor.va.gov/services/vital.asp](http://www.nyharbor.va.gov/services/vital.asp). *Education is Transformative!*

New Veterans’ Apps

**Preconception Care App**

*Description*

The Preconception Care mobile application (app) was developed by the Department of Veterans Affairs (VA) and provides VA and non-VA care team members with information that supports the integration of preconception care into comprehensive primary care, thereby optimizing the health of women Veterans and their children.

**Caring4WomenVeterans App**

*Description*

The Caring4Women Veterans mobile application (app) was developed by the Department of Veterans Affairs (VA) and offers VA and non-VA care team members comprehensive information targeting the specific health care needs of women Veterans. The app is designed to increase awareness of, and access to, current information about the unique physical and mental health needs of women Veterans.
Student Veteran Work-Study Allowance Program

EDUCATION AND TRAINING

STUDENT WORK-STUDY ALLOWANCE PROGRAM

STUDENT WORK-STUDY ALLOWANCE PROGRAM

- Introduction
- Who is Eligible?
- How Much May I Earn?
- What Type of Work May I Do?
- How Do I Apply?

If you’re a full-time or ¾-time student in a college degree program, or a vocational or professional program, you can “earn while you learn” with a VA work-study allowance.

WHO IS ELIGIBLE?

The VA work-study allowance is available to students training under the following programs:

- Post-9/11 GI Bill—(38 U.S.C. chapter 33)
- Montgomery GI Bill—Active Duty (38 U.S.C. chapter 30)
- Reserve Educational Assistance Program (10 U.S.C. chapter 1607)
- Montgomery GI Bill—Selected Reserve (10 U.S.C. chapter 1606)
- Post-Vietnam Era Veterans’ Educational Assistance Program (38 U.S.C. chapter 32)
- Survivors’ and Dependents’ Educational Assistance Program (38 U.S.C. chapter 35)
- Vocational Rehabilitation & Employment (38 U.S.C. chapter 31)

VA will select students for the work-study program based on:

- Ability of the student to complete the work-study contract before the end of his or her eligibility to education benefits
- Job availability within normal commuting distance to the student
- Availability of VA-related work in the area
Student Veteran Work-Study Allowance Program

VA will give the highest priority to a Veteran who has a service-connected disability or disabilities rated by VA at 30% or more.

How Much Will I Earn?

You’ll earn an hourly wage equal to the Federal minimum wage or your State minimum wage, whichever is greater. If you’re in a work-study job at a college or university your school may pay you the difference between the amount VA pays and the amount the school normally pays other work-study students doing the same job as you.

You may work during or between periods of enrollment. You can arrange with VA to work any number of hours you want during your enrollment. The total number of hours you work can’t be more than 25 times the number of weeks in your enrollment period.

How Do I Get Paid?

You may elect to be paid in advance for 40 percent of the number of hours in your work-study agreement, or for 50 hours, whichever is less. After you’ve completed the hours covered by your first payment, VA will pay you each time you:

1. complete 50 hours of service, or
2. once a month, whichever comes first

The supervisor of the work-study student should submit a time card to the VA to report the hours worked. The final time card may be for less than 50 hours if less than 50 hours remain to complete the contract, or if the claimant stops performing services before the completion of the contract.

What Type of Work May I Do?

Services you perform under a VA work-study program must be related to VA work.

Examples of acceptable work are:

- Processing VA paperwork at schools
- Any activity at a VA facility
- An activity at a State Veterans agency

The work you actually do will depend on your interests and the type of work available.

Contact us: [http://www.va.gov](http://www.va.gov) 1-800-827-3000

Summer 2016 . COVA Newsletter Page 18
#CUNYVets2016

Summer 2016. COVA Newsletter Page 19
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Want to see stories about veterans at your campus?
Submit them!!
Just email questions, comments or articles to:

Jazmin McBride
Jazmin.mcbride@cuny.edu

Additional Resources