The City College of New York is the #1 Military Friendly School among public universities with more than 10,000 students. This is according to Victory Media, which awarded City College its Top 10 Gold award for 2017.

The honor is based on public information gathered from a Military Friendly® survey and personal data from CCNY veteran students about how they feel about the college.

“Veterans are looking for a hand up, not a hand out, and so organizations like yours provide that opportunity for them to take that military service—where they learn teamwork, discipline and leadership—and bring it into civilian institutions,” Chris Hale, founder and chairman of Victory Media, said at CCNY. “This is a big time award and the work that you have done is creating great opportunities for what I would call our next greatest generation.”

CUNY Interim President Vincent Boudreau said the college’s Office of Veterans Affairs, under the current leadership of Director Christopher Gorman, was the brainchild of outstanding young veterans with strong support from Student Services. “I think the way in which this program has grown, and the effectiveness with which it’s served the needs of our Veterans absolutely is rooted in the participation and lived experience of extraordinary veterans,” he noted.

More than 200 companies and 1,200 post-secondary schools were designated as “Military Friendly®” by Victory Media this fall. Of these, 154 employers and 541 schools have been recognized for excellence in different award categories. The Office of Veterans Affairs also received a certificate for its achievements from the office of Assemblyman Michael DenDekker. He is chair for veterans affairs in the New York State Assembly.
The City University of New York (CUNY) welcomes and supports the academic endeavors of current and retired service members, including their dependents, across its colleges in New York City. CUNY defines a veteran as anyone who was in active military service, including basic training, and was released under a condition other than “dishonorable.” We understand that adjusting to life at home after serving in the armed forces can be a difficult process for many, yet we hope to give you every opportunity to succeed. We strive to provide the easiest transition possible for returning veterans, with each of our campuses having a Veteran Affairs Representative, if not a full Office of Veteran Affairs, capable of aiding and offering appropriate referrals to a number of other resources such as counseling and transitioning services. CUNY defines military personnel as persons currently serving in the United States armed forces, whether on active duty, in the reserve or in the National Guard. CUNY recognizes the valuable contributions that veterans bring to academia as engaged citizens and students, both inside and outside of the classroom. We serve as an advocate and information hub for prospective and enrolled student veterans. Our office is dedicated to fostering a sense of community for the 3,000+ student veterans that are currently enrolled across the CUNY system.

Academic Access

CUNY is composed of over 20 colleges that range from four-year colleges to community colleges and professional schools. Campuses can be found in each of the five boroughs that comprise NYC, offering a rich array of options to enrich student life, including: athletics, clubs, and community service opportunities. Visit www.cuny.edu/explore to discover the great opportunities at CUNY.

Whether you are a first-time college applicant, a transfer student, a student returning to college to complete a degree, or someone who is simply looking to change or advance an existing career, we look forward to assisting with your college search, enrollment and future graduation plans.

As a veteran applicant, it is important that you first find out what information will be needed to apply to the college and program of your choice. We recommend that you download and complete either the Freshman Admission Application Worksheet or Transfer Admission Application Worksheet along with the Admission Application Worksheet for Veterans. Applicants who only have military training should apply for freshman admission. Visit www.cuny.edu to print a copy of the forms mentioned above.
Meet the CUNY Welcome Center’s (CWC) Veterans’ Admissions Team

CWC Becomes Approved VA Work Study Site
The CUNY Welcome Center is happy to announce the addition of two VA Work Study students, who joined the Veterans Admissions Team in Spring 2017.

Sebastian Vargasperez

Gabriel Andres Campos

Congratulations to Kevin Hill
After graduating from ROTC and CUNY in Spring 2016, Kevin has left the Veterans Admissions Team to pursue a career in the U.S. government. We are very proud of you, Kevin. You are greatly missed!

Welcome from Admissions!
The CUNY Welcome Center’s Veterans Admissions Team is dedicated to assisting service members and their families with CUNY’s Undergraduate Application. Services include:

- **Inquiries & Guidance** – The team responds to veteran inquiries by phone, email, or in-person consultations, and provides information about CUNY’s resources, programs and application process.

- **Veterans Application Fee Waivers** - Fee waivers can be issued by the team to veterans who submitted a Freshman and Transfer Undergraduate application. To request a waiver, veterans should email proof of military service to vetwaiver@cuny.edu. Fee waivers can only be issued for those who have served and are non-transferrable.

- **Application Assistance** - Veterans can submit their application documents directly to members of the team to foster a smooth application process. The team also expedites the processing of veteran applications whenever possible.

- **Letters of Eligibility** - These letters are issued to active duty service members to help initiate their separation/preparation process (they are issued on a case by case basis).

- **Assisting Campuses** - We work with CUNY’s Campus Veterans Coordinators to provide them with additional information about their veteran population.

- **ROTC** - E-permits for ROTC courses are processed through the assistance of the Veterans Admissions Team.

Please feel free to contact the team for assistance at vetwaiver@cuny.edu. We look forward to hearing from you.

Winter 2016-17 . COVA Newsletter
The City University of New York hosted its 4th Annual Veterans’ Academic Awards Breakfast on November 4, 2016 at the CUNY Graduate Center. On the brink of New York City Veterans Week the annual awards breakfast recognizes student veterans who have achieved academic excellence by maintaining a 3.5 GPA and above with at least 45 credits at the community college level and at least 60 credits at the senior college level.

CUNY alumus Pasquale Alesia Brigadier General Retired, United States Army who is also President of the 42nd Infantry "Rainbow" Division Association and Loree Sutton, MD Commissioner of the New York City Department of Veteran Services and Brigadier General (ret.) took the stage at the annual ceremony to congratulate and inspire the student veterans as they continue their academic studies. Immediately following the ceremony was the CUNY Veterans Professional Networking/Resource Fair. The primary goal of this veteran-specific employment/resource fair was to prepare CUNY student veterans, reservists, military spouses and dependents for post-graduation success including graduate/professional school and employment. Veterans were introduced to representatives from FDNY, NYPD, MTA, The Mission Continues, Veterans’ Advocacy Project, Help USA, Veterans Homebuyers Network, Dept. of Veteran Affairs, American Corporate Partners (ACP), Veterans Upward Bound, Stand Beside Them, Edge4Vets, Academy Securities, Department of Homeland Security, Montefiore Medical Center, Jet Blue and many more.

Save the Date:

5th Annual Veterans Academic Awards Breakfast & Professional Networking/Resource Fair

Monday November 6, 2017

The CUNY Graduate Center

Winter 2016-17 . COVA Newsletter
Welcome
Welcome Back
CUNY Student Veterans, welcome back to the new semester. Join us for free food and give-aways!

Thursday 2/2/17
5:30 - 7:30pm
Hunter College
Lexington Ave@68th Street
Faculty Dining Rm
8th Floor West Bldg.

RSVP by 01/26/17 to proveveterans@gmail.com
CUNY is happy to announce its involvement in the Department of Veterans Affairs—Student Work Study Allowance Program. The VA Work Study program allows student-veterans who are receiving education benefits to work in a veteran related office at CUNY. Since Fall 2016 CUNY has expanded its VA Work-Study to over 20 locations including campus veteran centers and the CUNY Central Office. Participation in the VA work-study program provides the veteran student with additional financial support for their tuition as well as significant work experience that can help foster post secondary employment. Students may participate in the VA work-study program if they are enrolled full-time or 3/4-time in a college degree, vocational, or professional program. Veteran students earn an hourly wage equal to the federal minimum wage or the state minimum wage, whichever is greater, in addition to their education benefits. CUNY is currently seeking undergraduate and graduate students to fill positions in our Central Office of Student Affairs-Veterans Affairs and Central Office of Academic Affairs - Continuing Education & Workforce Programs unit.

If you are a student veteran who is interested in becoming a VA work-study professional within CUNY or a CUNY administrator who would like to host VA– Work-Study students please send an email to veterans@cuny.edu.

VA NY HARBOR Healthcare
Work Study Opportunity

VA NY HARBOR Healthcare system is now accepting VA Work Study applications for the Spring 2017 semester until February 13, 2017. We have slots for up to 40-50 students this semester on a first-come first-served basis until all slots are filled. Please see areas for placement below. Students must be registered & certified for at least 3/4 credits by their school certifying official/vocational rehab counselor before applying. Please send completed VA Form 22-8691 and resume to Cassandra.watson-gabbidon@va.gov or Reggie.Reeves@va.gov

<table>
<thead>
<tr>
<th>Information Security</th>
<th>Executive Leadership</th>
<th>Nursing</th>
<th>Legal Counsel</th>
<th>Eligibility</th>
<th>Business Office</th>
</tr>
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<tbody>
<tr>
<td>Patient Services</td>
<td>Engineering</td>
<td>Bioengineering</td>
<td>Research</td>
<td>Chaplain Service</td>
<td>Library Service</td>
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<tr>
<td>Public Health</td>
<td>Mental Health</td>
<td>Dietary Services</td>
<td>Recreation Therapy</td>
<td>Physical Therapy</td>
<td>Prosthetics</td>
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<tr>
<td>Accounting</td>
<td>Hospitality</td>
<td>Information Technology</td>
<td>Public Affairs</td>
<td>Equal Employment (EEO)</td>
<td>Health Administration Services</td>
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<tr>
<td>Human Resources</td>
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The City University of New York has the program and the people to propel you onward. We have strength in numbers — 14 colleges offering more than 800 graduate degree programs, over 100 research centers and 21 world-class libraries. You will experience the blend of culture and social energy that makes CUNY the greatest public university system in the greatest city in the world.

CUNY QUICK FACTS

- Veterans Receive Application Fee Waiver
- VA Work-Study Available for qualifying veteran students
- Priority Registration and Tuition Deferment available to qualifying veteran students.
- 200 certificate programs
- 28 libraries, with more than 7.5 million print volumes, and several thousand e-books available

The 14 colleges offering graduate programs are: Baruch College, Brooklyn College, The City College of New York, College of Staten Island, The Graduate Center, CUNY Graduate School of Journalism, CUNY School of Law, CUNY School of Professional Studies, CUNY School of Public Health, Hunter College, John Jay College of Criminal Justice, Lehman College, Queens College, and York College.

GRADUATE SCHOOL 101 Info Session:
Date: February 1, 2017 Time: 5:30pm—7:00pm Where: CUNY Welcome Center 217 E 42nd St New York, NY 10017 Admission: FREE Contact Phone: 646-664-3550
JOBS FOR VETERANS!

DAV | RECRUIT MILITARY

ALL VETERANS CAREER FAIR

METROPOLITAN PAVILION

120+ JOB OFFERS EXPECTED!

Thursday, March 9, 2017
11:00 am – 3:00 pm
123 West 18th Street
New York, NY 10011

A FREE HIRING EVENT
FOR VETERANS, TRANSITIONING MILITARY PERSONNEL,
NATIONAL GUARD MEMBERS, RESERVE MEMBERS AND SPOUSES

COMPANIES ARE HIRING!

Job Opportunities • Continuing Education Opportunities • Business Ownership Opportunities

REGISTER NOW!
• Follow us on @RecruitMilitary / Facebook

For more details, visit RecruitMilitary.com/NewYork

Winter 2016-17 . COVA Newsletter
The CUNY Office of Veterans Affairs is dedicated to fostering a sense of community and to developing a channel of communication among veteran and reservist students, and with faculty, staff and administration. Below is a complete list of campus veteran representatives:

Community Colleges

Borough of Manhattan Community College
Wilfred Cotto, Veteran Services Coordinator
199 Chambers Street, New York, NY 10007
212-220-5363; wcotto@bmcc.cuny.edu

Bronx Community College
Betsy C. Montanez
Coordinator of Veterans and Military Resources
2155 University Avenue, Loew Hall Room 114, Bronx NY, 10453
718-289-5447; betsy.montanez@bcc.cuny.edu

Hostos Community College
Charles Prince Uwa, Veterans Affairs Coordinator
450 Grand Concourse, RM C-377 Bronx, NY 10451
718-319-7955; cuwa@hostos.cuny.edu

Kingsborough Community College
Tara Yarczower, Director/Certifying Official
Office of Military and Veteran Services
2001 Oriental Blvd Brooklyn, NY 11235
718-368-5978; tara.yarczower@kbcc.cuny.edu

LaGuardia Community College
Stephen Clark, M.A, Veteran Services Director
31-10 Thomson Avenue Building C, RM 371-D
Long Island City NY, 11101
718-730-7590; sclark@lagcc.cuny.edu

Queensborough Community College
Director of Military and Veterans Services/Certifying Official
222-05 56th Ave RM L421 Bayside, NY 11364
718-281-5767; amiashonna@qcc.cuny.edu

Senior Colleges

Baruch College
John Seto
Veterans Affairs Certifying Official
151 E 25th St RM 850 New York, NY 10010
646-312-1264; john.seto@baruch.cuny.edu

Brooklyn College
Coordinator of Veterans Affairs/Certifying Official
2900 Bedford Avenue James Hall 1407
Brooklyn, NY 11210
718-951-5801; cguinn@brooklyn.cuny.edu

City College
Christopher Gorman,
Director of Veterans Affairs/Certifying Official
160 Convent Ave, Wingate Hall, RM 107
New York, NY 10031
212-650-5374; cgorman@ccny.cuny.edu

College of Staten Island
Laura Scazzafavo, Veteran Support Specialist
2800 Victory Blvd, RM 1C-219
Staten Island, NY 10314
718-982-3108; laura.scazzafavo@csi.cuny.edu

Hunter College
Alex Rosero, Academic Advisor for Student Veterans
695 Park Ave, RM 1119 East New York, NY 10065
212-772-4923; arosro@hunter.cuny.edu

John Jay College of Criminal Justice
Richard Pusateri, Military and Veterans Services Manager
524 W 59th St. 229 Haaren Hall New York, NY 10019
212-484-1329; rpusateri@jjay.cuny.edu

Lehman College
Luis E. Soltero-Rodriguez
Director of Veterans and Military Affairs
250 Bedford Park Blvd West. Shuster 201 A/B
Bronx NY 10468
718-960-7188; luis.soltero-rodriguez@lehman.cuny.edu

Medgar Evers College
Hamilton J.B, Raymond,
Veterans Affairs Coordinator/Certifying Official
1637 Bedford Avenue; Brooklyn, NY 11225
718-270-4915; rhamilton@mec.cuny.edu

NYC College of Technology
Robert Timmins, LMSW Veteran Services Coordinator
300 Jay Street RM NG15 Brooklyn, NY 11201
718-260-4980; rtimmins@citytech.cuny.edu

Queens College
Dennis Torres, Veterans Outreach Specialist
65-30 Kissena Blvd; Student Union RM 320
Queens NY 11367
718-997-3033; dennis.torres@qc.cuny.edu

School of Professional Studies
Christopher Leydon,
Veteran Services Coordinator/Certifying Official
119 W 31st RM 413-B New York, NY 10001
646-664-8616; Christopher.leydon@cuny.edu

York College
Larry D. Eaton; Veteran Affairs Manager
94-20 Guy R. Brewer Blvd; Jamaica NY 11451
718-262-5298; leaton@york.cuny.edu

For a complete list of CUNY honors and professional schools veteran representatives please visit cuny.edu/veterans
Dear Veteran,

CUNY has approved the review of military credentials to award transfer credit for military service. If you would like your military experience to be evaluated for academic credit and/or to illustrate your work experience on your resume, follow the steps listed below.

**Step 1:** Create an account for your military transcript via the following websites:
- Army, Navy, Marines, and Coast Guard: [https://jst.doded.mil/official.html](https://jst.doded.mil/official.html)

**Step 2:** Submit your transcript to CUNY UAPC (University Application Processing Center) and/or your current CUNY College.

**Step 3:** Print and save a copy of your military transcript to a USB or secure cloud.


<table>
<thead>
<tr>
<th>Using JST credits for <strong>college</strong> can count toward:</th>
<th>Using JST credits for employment can:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elective credit</td>
<td>Showcase military occupation</td>
</tr>
<tr>
<td>Major or Minor electives</td>
<td>Illustrate responsibilities/duties</td>
</tr>
<tr>
<td>General Education elective</td>
<td>Illustrate leadership and training</td>
</tr>
</tbody>
</table>

Would you like to have a career that relates to your military occupational specialty (MOS)?

Learn what certifications and degrees match your area of expertise by using the COOL sites...

- Army: [https://www.cool.army.mil/](https://www.cool.army.mil/)
- Navy: [https://www.cool.navy.mil/npn/](https://www.cool.navy.mil/npn/)
Barracks to Business: Translating Military Skills into Career Success

As a veteran, you have valuable skills and experience – but you may not know exactly how to translate them to the civilian workplace.

**We're here to help.**

Our Barracks to Business Workshop helps you effectively communicate the in-demand skills you've developed during your service -- which include leadership, discipline, flexibility, organization and change management -- to prospective employers. We'll work with you to craft a winning resume and interview like a pro. Let's work together to make your transition from the military to the civilian workforce a rewarding one.

Date: Monday, January 30th, 2017  
Time: 1:00PM-3:30PM  
Location: New York State Department of Labor  
Workforce New York One-Stop Career Center  
160 South Ocean Avenue  
Patchogue, NY 11772  
Speaker: Lyndon Chichester, Northwell Health Veteran Program Specialist  
Contact: 631-687-4833

All Veterans or those who are currently serving in the Armed Forces interested in careers at Northwell Health are encouraged to attend.

This seminar is free but **you must preregister to attend.**

NorthwellCareers.com/veterans
At NYU Military Family Clinic, the clinicians offer the preferred treatment approach for sleep issues – Cognitive Behavioral Therapy for Insomnia (CBT-I). CBT-I can help Veterans and their family members fall asleep more easily, wake up less often during the night, reduce the frequency and intensity of nightmares, and curb early morning awakenings. CBT-I is a short-term treatment (typically only 6 sessions!) that improves symptoms of insomnia without the use of medications. The treatment is flexible and customized to each individual’s unique sleep difficulties – not a one size fits all approach.

Because people with insomnia tend to sleep only a small fraction of the time they spend in bed, CBT-I helps reduce time spent in bed NOT sleeping. And since people with insomnia may also have a variety of counterproductive habits (for example, eating a heavy meal shortly before bedtime), CBT-I helps identify and eliminate these sleep-interfering behaviors. Other components of CBT-I that people often find helpful are learning new relaxation skills and making negative thoughts about sleep more flexible.

To learn more about CBT-I at the NYU Military Family Clinic, contact Dr. David Austern at david.austern@nyumc.org or 646-754-4830.

For Veterans and their family members who live outside the NYC metropolitan area, CBT-I over the internet using video technology may be an option. Contact Dr. Priscilla Noulas at 646-754-7258 for more information about our telehealth offerings.

The Steven and Alexandra Cohen Military Family Clinic at NYU Langone Medical Center provides free individual, couples, and group therapy for military personnel, veterans, and their entire family regardless of discharge status, combat exposure, or era served. Interested individuals can call our intake line at 855-NYU-4677, email us at militaryfamilyclinic@nyumc.org or visit us online at www.nyulangone.org/militaryfamilyclinic. For additional information regarding our comprehensive PTSD research study, and how post-9/11 veterans may be compensated up to $550 for their time and participation, please visit www.nyulangone.org/cohenveteranscenter or call 877-698-3299.

Head injuries, which can lead to traumatic brain injury (TBI) are quite common. Approximately 14-20% of deployed veterans experience a TBI. A TBI sometimes leads to loss of consciousness or being “knocked out” but can also look like being confused after hitting your head. Some common causes of head injury are: blast or other combat-related injuries, falls, car accidents, and contact sports. TBIs can lead to sleep problems, mood problems, and cognitive problems.

It can be difficult to tell if a head injury is making a person’s life more difficult. A neuropsychological evaluation can measure cognitive skills like memory, attention, planning, and thinking quickly. If a person is identified as having trouble in one or more of these areas, the Military Family Clinic can work with him or her to provide individualized skills and strategies to improve their day to day functioning. At NYU Langone’s Steven and Alexandra Cohen Military Family Clinic, they provide free, compassionate care for service members and their families who are experiencing the long-term effects of all phases of military service and other life stresses, including relationship difficulties, school problems, and unemployment and relocation issues.
CUNY Student Services

CUNY campus counseling centers support the academic mission of the university and the academic success of students by providing high quality counseling and mental health services to students and consultative services to faculty and staff. Counselors assist students in addressing psychological and adjustment issues (i.e., depression, anxiety, and relationships) and problems or issues including stress/time management that can negatively impact academic performance, student retention, graduation rates, and quality of life. The Centers work collaboratively with students, faculty, and staff to create and maintain a campus environment that encourages and supports psychological well-being.

Students seek counseling for a variety of reasons. Problems at school or at home, difficulty managing time or stress, and concerns about depression or anxiety are just a few reasons you may want to seek out counseling. All currently enrolled full-time or part-time students at community colleges, senior colleges and degree-granting graduate programs are eligible for counseling at their campus counseling centers. Counseling is generally free at your campus counseling center for short-term counseling. If you have insurance, you may be asked to provide it for billing purposes. If you are seen by a psychiatrist or psychiatric nurse on campus, this may be covered by your campus counseling center, but you will be responsible for the cost of medications. If you are referred out of the CUNY system, you will be responsible for the fees at the external agency. Each counseling center offers an array of services tailored to the needs of its campus. Types of counseling potentially include short-term therapy, long-term therapy, group counseling, and workshops focused on specific issues like stress management. Referrals to other mental health services are also provided as needed. See the list of Campus Counseling Centers for information about the counseling center on your campus. (http://www.cuny.edu/about/administration/offices/sal/services/counseling/campus-centers.html) Each counseling center has walk-in times for emergencies. You can also schedule an appointment by phone or in person.

CUNY Women's Centers provide vital and comprehensive services that address the needs of the whole person by adopting a myriad of multi-dimensional programs and workshops that speak to the emotional, intellectual, physical and financial well-being of women. Through our on-going services, we hope to encourage retention and academic success for women and non-traditional students by providing specialized support programs and referrals to community resources for identifiable populations including on- and off-campus referral networks. We help our students identify and foster an awareness of the possibilities for academic success and positive personal development.
Veterans Upward Bound

Free Computer Workshops

For Veterans Only*
Veterans Upward Bound Program

Basic: Intro to PC, Keyboarding, Internet Basics
Intermediate: Microsoft Word, Excel Part 1 & 2

Tuesdays and Thursdays, 6:00 - 9:30 p.m., Room C-337

Learn computer skills in a friendly, and supportive environment.

*Open to all Veterans without a Bachelor Degree

RSVP required. Limited Seats.

For more information contact vets@lagcc.cuny.edu or (718) 482-5386.
HELPING VETERANS
TRANSITION TO CIVILIAN EMPLOYMENT

WHAT IS THE PROGRAM?
This program is designed to teach veterans, members of the National Guard and Reserve and military family members from the New York area the practical job search skills that will enable them to make a successful transition from the military to the civilian workforce.

WHAT IS CTER OFFERING?
A concentrated, sharply focused, short-term training program that consists of a one-day orientation session, one day of resume, cover letters and personal branding, and one day of interviewing and interview practice.

The three days of training are followed by individualized development sessions via email and telephone as needed, job placement assistance, long term mentoring by business professionals, and bi-yearly career management workshops.

WHAT ARE THE BASIC QUALIFICATIONS TO PARTICIPATE?
- Individuals 19 years and over who were honorably discharged
- Availability to attend orientation and all classroom-training sessions
- Willingness to conduct a systematic job search after completing training

WHEN AND WHERE IS THE TRAINING CONDUCTED?
Training is conducted at a convenient location in Lower Manhattan.
- Orientation Session, 10:00am – 2:00pm, Monday, March 20, 2017
- Classroom Training, 10:00am – 2:30pm, Tuesday and Wednesday, March 21–22, 2017
- Ongoing telephone, e-mail and referral assistance provided as needed

WHAT IS THE NEXT STEP?
Call CTER at 800-385-2837 or email mbrown@cterny.org by March 13 to learn more about the program and the registration process. Registration is required.

Community Training & Employment Resources (CTER) is a New York City based program that provides job readiness and job search training for adults seeking to improve their employability skills and successfully compete in today's job market.

www.cterny.org

Helping Veterans Transition to Civilian Employment is made possible by a grant from the

TD Charitable Foundation

Winter 2016-2017, COVA Newsletter
The Veterans Assistance & Elderlaw Projects of the City Bar Justice Center are honored to assist Veterans who would like to attend our FREE WILLS CLINIC. Please call to see if you’re eligible: 212-382-4722.

The Wills Clinic will prepare free life planning documents for eligible veterans:

When: Wednesday, February 15, 2017  
Time: 2:00pm to 4:00pm  
Location: Manhattan (Midtown)

Below is a description of each document:

- **Last Will and Testament** – Allows you to leave instructions about how your property should be distributed after your death; and allows people with responsibility for minor children to name a guardian to care for them.

- **Health Care Proxy** – Allows you to choose someone to make medical decisions on your behalf if your condition prevents you from communicating your wishes to your doctor.

- **Living Will** – Allows you to state your wishes about life sustaining treatment (e.g., breathing tubes, feeding tubes, etc.) if there is no expectation of recovery.

- **Power of Attorney** – Allows you to name an Agent to handle your non-medical matters, e.g. banking, housing decisions and taxes.

- **Disposition of Remains** – Allows you to name an Agent to handle your funeral and burial arrangements.

To learn more about this event please contact the project coordinator, Megan McCarthy, at 212-382-4722 or mmccarthy@nycbar.org
## Veteran Resources

### Know Your Benefits

Below is a list of addresses, phone numbers, and websites that may be useful in your military to civilian transition.

#### VA Medical Centers

<table>
<thead>
<tr>
<th>Medical Center</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Bronx VA Medical Center</td>
<td>130 West Kingsbridge Road</td>
<td>(718) 584-9000</td>
</tr>
<tr>
<td>NY Div VA Medical Center</td>
<td>423 East 23rd St</td>
<td>(212) 686-7500</td>
</tr>
<tr>
<td>BK Poly Pl Campus</td>
<td>800 Poly Place</td>
<td>(718) 836-6600</td>
</tr>
<tr>
<td>St. Albans Extended Care Center</td>
<td>17901 Linden Blvd</td>
<td>(718) 526-1000</td>
</tr>
<tr>
<td>Manhattan Vet Center</td>
<td>32 Broadway 2nd FL, Suite 200</td>
<td>(212) 742-9591</td>
</tr>
<tr>
<td>Nassau Vet Center</td>
<td>970 South Broadway</td>
<td>(516) 348-0088</td>
</tr>
<tr>
<td>Queens Vet Center</td>
<td>75-10B 91 Ave</td>
<td>(718) 296-2871</td>
</tr>
<tr>
<td>Staten Island Vet Center</td>
<td>60 Bay Street</td>
<td>(718) 375-8055x4400</td>
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#### Clinics

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Bay Shore CBOC</td>
<td>132 Main St.</td>
<td>(631) 328-9092</td>
</tr>
<tr>
<td>East Meadow Clinic</td>
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<tr>
<td>White Plains VHA Clinic</td>
<td>23 South Broadway</td>
<td>(914) 421-1951</td>
</tr>
<tr>
<td>White Plains, NY 10601</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yonkers VHA Clinic</td>
<td>124 New Main St</td>
<td>(914) 375-8055x4400</td>
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<td>Yonkers, NY 10701</td>
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<td>Queens Vet Center</td>
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<td>Staten Island Vet Center</td>
<td>60 Bay Street</td>
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#### Vet Centers

<table>
<thead>
<tr>
<th>Vet Center</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bronx Vet Center</td>
<td>2471 Morris Ave Suite 1A</td>
<td>(718) 367-3500</td>
</tr>
<tr>
<td></td>
<td>Bronx, NY 10468</td>
<td></td>
</tr>
</tbody>
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#### Websites

- eBenefits: www.eBenefits.va.gov
- Education Benefits: www.benefits.va.gov/gibill
- Health Care Eligibility: www.va.gov/healthbenefits
- Homeless Veterans: www.va.gov/homeless
- Mental Health: www.mentalhealth.va.gov
- Records: www.archives.gov/st-louis/military-personnel
- Women Veterans: www.va.gov/womenvet
- VA Benefit Payment Rates: www.vba.va.gov/bln/21/rates
- VA Forms: www.va.gov/vaforms
- Vocational Rehabilitation and Employment: www.benefits.va.gov/vocarehab
The vision is to end animal homelessness in the United States while giving our military veterans and their families the greatest “thank you” of all: the extraordinary love of a companion pet. We can make this happen through our nationwide shelter and veterinary networks, military and veteran organizations, and a public that values the lives of both the most vulnerable and heroic among us. For more info call 1-877-473-8223.

The mission of NYCServes is to empower and enhance the efforts of the network of services providers in the New York City area, and equip them with the technological, and information resources needed to efficiently and effectively guide service-members, veterans, and their families to the most appropriate services and resources.

To date, NYCServes has assisted over 1,000 veterans, service-members, and military families with over 1,400 specific services requests. NYCServes has assisted in many different capacities such as: connection to employment services, entitlements, VA Benefits, volunteer opportunities, healthcare, education, legal services, and housing. Recently, the Veterans Benefits Administration (VBA) and Veterans Health Administration (VHA) have become a partner provider in the NYCServes network.

Operation: GoodJobs I (OGJ) is a person centered employment and financial wellness program that focuses on the careers of Post 9/11 veterans, female veterans, reservists, national guard members and their families. This program provides a holistic integration of career services with family and financial strengthening services for United States veterans and family members, including post-9/11 U.S. veterans, female veterans, 18-26 year-old veterans, National Guard and Reservists. OGJ provides: Job assessment, Resume writing and interview preparation, Sector-based informational interviews, Access to job related credentials, Job placement and long term retention services, Professional attire for interviews and work, and referrals for housing, legal and health services in collaboration with our agency partners. For more information call 917-753-1474 or email OGJ@goodwillnynj.org

Boots on the Ground NY is a team of Veterans that care about Americas Veterans. We’re grunts, we collect and deliver food and furniture for Veterans and their families, and these are usually the Veterans that everyone else overlooked or has forgotten. No Veteran should be hungry or sleeping on the floor. We ship care packages monthly to the military units that don’t have access to supplies. We provide what we can to those that need it most. We open up our doors and hearts to any Veteran that needs it. Veterans are not just a last name and case number to us, we build and maintain friendships. We’re here for the families of the deployed. We’re here for the families of those taken in the Service of their Country. These are commitments we do not take lightly. For more info visit bootsonthegroundny.com
#CUNYVets2017

To submit photos Tag Us or use #CUNYVets2017

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Want to see stories about veterans at your campus?
Submit them!!
Just email questions, comments or articles to:

Jazmin McBride
Jazmin.mcbride@cuny.edu

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